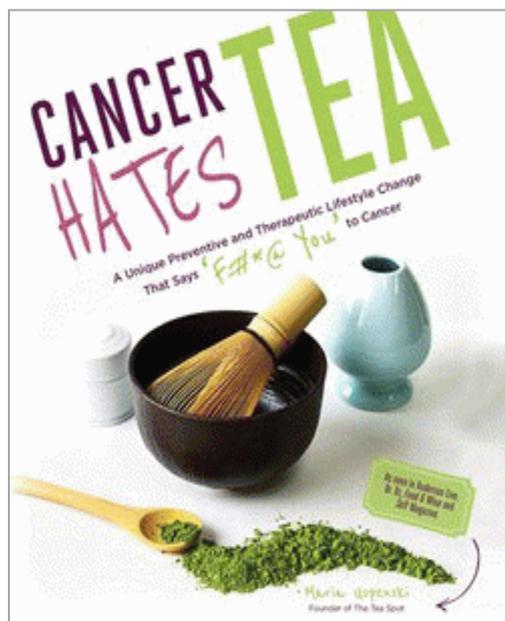

Advance Information

Cancer Hates Tea

A Unique Preventive and Therapeutic Lifestyle Change That Says ?****
You? to Cancer



Author:	Maria Uspenski
ISBN:	9781624143120
Imprint:	Page Street Publishing
BIC Category:	Traditional medicine & herbal remedies
Dimensions:	228 x 203 x 10
Binding/PP:	Paperback, 192 pp
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Pub. Date	01 Nov 2016
Price:	GBP15.99
Illustrations:	60 Colour Photographs

Selling Points:

For anyone who's had cancer, is in the process of treatment and self-help for those worried, this book makes anyone into a tea lover with a purpose – to give cancer the middle finger.

Description:

Green tea is the most studied anti-cancer plant over the past 10 years, as more than 5,000 medical studies have been published on the health benefits of tea, with over 1,000 of those focusing on tea and cancer. The NIH stance on green tea is that research indicates it is possibly effective against several types of cancer, clogged arteries, osteoporosis and Parkinson's disease; likely effective in managing high cholesterol; and safe for adults who drink five cups a day. Maria's goal is simple: easily relate to you what she has learned about and experienced with how tea works to help your body's defenses against cancer. Maria is not a medical professional, and no statement in this book should be interpreted as direction or prescription, but through her explanations, she breaks down years of her research – her obsession after her own fight with cancer, how tea fights cancer and how you should be drinking it. While humorous in tone, Maria does not intend to make light of the serious research that forms the basis for the understanding. This book is intended to get you on a powerful five-cup a day tea steeping habit, which she passionately believes is one of the best ways to prevent this terrible disease.